



March 15, 2023

Reeve Barry Kalinski
Municipal District of Bonnyville
PO Bag 1010
Bonnyville AB T9N 2J7

Dear Mr. Kalinski,

I am writing to introduce you to Wellspring Alberta, an extraordinary resource for people living with cancer and their caregivers and supporters.

In Alberta, Wellspring is the only organization that devotes itself exclusively to supporting those facing cancer by attending to the non-medical aspects of living with illness. Our vast array of evidence-informed programs are designed to inform, empower and nurture individuals – to give them a network of resources, tools to manage illness, and a vastly skilled community of support.

If you've heard of Wellspring, you may have heard the good news that last fall, Wellspring Calgary and Wellspring Edmonton merged to form one Wellspring Alberta – a stronger, unified cancer support organization province-wide. This is great news for Albertans and their families who are living with cancer.

At Wellspring all programs and services are offered free of charge and without the need for referral. Those who seek our services can access us at any of our three centres in the province (see addresses below), or join our online community. We are also in the process of establishing satellite Wellspring locations in rural Alberta communities.

Since inception in 2007, Wellspring Alberta has been devoted to its mission to ensure no one has to face cancer alone. After 16 years, we remain steadfast in this commitment and we have expanded and evolved to meet the ever-increasing demand for our services.

This is where I want to ask for your assistance. As Mayor, you have the ability to reach many people and help us to extend this lifeline of support. It is my request that you share the enclosed brochures with any of your constituents who may benefit from the programs, services and supports provided by Wellspring.

I also wish to personally invite you to come and tour one of our three centres, so you can learn about the programs and services we offer and see first-hand the impact of the work we do.

On behalf of those living with cancer and those who love and care for them, I want to thank you in advance for taking an interest in Wellspring, and for helping to ensure no one has to face cancer alone.

With sincere gratitude,

A handwritten signature in cursive script that reads "N. Noble".

Natalie Noble
CEO, Wellspring Alberta

Encl.

Wellspring Alberta
1.866.682.3135
wellspringalberta.ca
BN# 809013675RR0001

Carma House
1404 Home Rd NW
Calgary, AB T3B 1G7

Randy O'Dell House
3910 Seton Dr SE
Calgary, AB T3M 2N9

Edmonton House
11306 65 Ave NW
Edmonton, AB T6H 2Z8

If you or a loved one has cancer, Wellspring is here for you.

Wellspring Alberta provides free evidence-informed programs and support for anyone living with cancer, including caregivers and family members.

We provide professionally-led programs that help with the many new life challenges you may experience following a diagnosis and treatment for cancer. At Wellspring, people gather to support each other, exchange information, and share a sense of hope – all in the warm, caring atmosphere of our centres, and in our welcoming online community.

Our focus is always on the person, not the illness, and all who reach out to Wellspring are cared for in a safe community of compassion.



Wellness begins where you are;
Wellspring will meet you there.

ONLINE HOUSE

To learn more about our online programs,
visit wellspringalberta.ca

HOUSE LOCATIONS

Calgary

Carma House
1404 Home Road NW
Calgary, AB T3B 1G7

Randy O'Dell House
3910 Seton Drive SE
Calgary, AB T3M 2N9

Edmonton

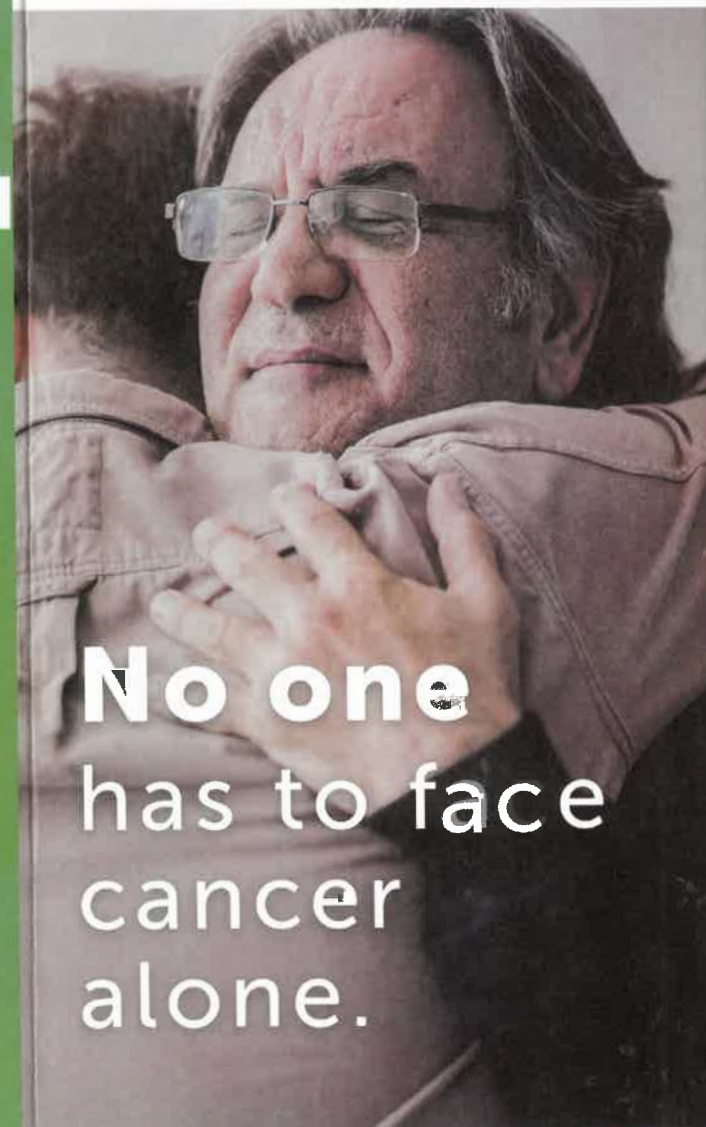
Edmonton House
11306 65 Ave NW
Edmonton, AB T6H 2Z8



1.866.682.3135
wellspringalberta.ca



It's important to us that we acknowledge we live, work and play on traditional territories in Alberta of the many First Nations Treaties 6, 7 and 8, Metis and Inuit whose footprints have marked these lands for centuries and the gifts provided by Elders and Knowledge Keepers.



**No one
has to face
cancer
alone.**

www.wellspringalberta.ca



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"Wellspring has helped me to better understand my cancer, feel less isolated, and live a more enriched life. Both online and in-person, my Wellspring community is here for me... affirming, supporting and sustaining me."

SANDI ANDERSON,
WELLSPRING MEMBER



Choose what's right for you

We offer a variety of professionally-led programs available in-person, online, and over the phone on topics people living with cancer tell us are most important to them.

Art programs	Men's group
Brain fog	Music
Caregiver groups	Nutrition
Exercise	Outdoor programs
Gardening	Reiki
Incurable cancer group	Tai Chi
Indigenous sharing circle	Work & finance programs
Kid friendly programs	Yoga
Meditation	Young adult programs

Visit wellspringalberta.ca to see all of our programs.

Peer support

Wellspring offers peer support with trained volunteers who have experienced cancer. During this supportive, affirming exchange, volunteers offer a compassionate listening ear and practical orientation to Wellspring's programs, services and resources.

Participating in Wellspring programs is free

Adults who have a cancer diagnosis and caregivers are welcome to become Wellspring Alberta members free of charge, without referral, and at any point in their journey. Kids are also welcome at our family programs.

- ▶ Complete our membership form at wellspringalberta.ca
- ▶ You will receive a welcome email and can begin registering for programs available online, over the phone, or at one of our Calgary or Edmonton houses

Online programs

Wellspring Alberta's vision is to ensure no one has to face cancer alone. For those who don't live near our houses, or who prefer to take programs where they are, we provide online or over the phone support.

