

**From:** Terri Shaul <[Terri.Shaul@albertanursing.ca](mailto:Terri.Shaul@albertanursing.ca)>  
**Sent:** Thursday, April 4, 2024 2:55 PM  
**Subject:** Nursing Week, May 6-12/2024

**CAUTION:** This email originated from outside the organization. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Good afternoon,

Nursing Week is May 6-12, 2024 - the nurses in your community continue to give, and Nursing Week is an excellent time for Municipalities to recognize their contributions. The attached document provides ideas/ways to celebrate nurses. We encourage you to use one of the ideas or identify an original way to celebrate and honor nurses this year!

Sincerely

***Terri Shaul*** (she/hers)  
Operations Director  
Alberta Association of Nurses  
(p) 403-998-7229  
[www.albertanursing.ca](http://www.albertanursing.ca)



**Our communities are founded on the expertise,  
compassion, and strength of nurses.**

**Let's CELEBRATE that.**

Vibrant, critical, indispensable—nurses are the backbone of Alberta's healthcare system and at the forefront of healthcare innovation and expertise. Let's share our stories, help each other grow, show our support, and celebrate one another. We encourage communities to reflect on the impact nurses make for National Nursing Week!

**May 6-12 is National Nursing Week: Changing Lives. Shaping Tomorrow.**

It's time to build awareness and highlight the diversity of nurses and the roles they play in Alberta. **Print and share the poster on the second page** to inspire your community. Use hashtags to contribute and grow the movement with #Nurses2024 #NursesShapingTomorrow #NursingWeek2024, or find your own way to celebrate!

**For more information on the Alberta Association of Nurses (AAN), visit [albertanursing.ca](http://albertanursing.ca) or connect with us on social media at [@alberta\\_nursing](https://www.instagram.com/alberta_nursing).**



*The Alberta Association of Nurses (AAN) was created to enhance, promote, and advocate for ALL nursing professions: LPNs, NPs, RPNs, RNs, nursing students, and retired nurses belong here.*

*We provide professional development resources, advocate to the government and public for the nursing profession, and connect our members to build a supportive and engaged nursing community. Become a member at [albertanursing.ca](http://albertanursing.ca)!*

# Nursing Week

May 6-12, 2024

albertanursing.ca | @alberta\_nursing



**Alberta  
Association  
of Nurses**

National Nursing Week is an annual celebration that the Alberta Association of Nurses (AAN) is excited to be a part of. With 9,200 members and counting, we have a lot to celebrate!

This year, the theme for Nurses Week is **Changing Lives. Shaping Tomorrow.** The Canadian Nurses Association shares, *"This theme recognizes the contributions of the tremendous impact that nurses have on individuals, communities, and the future of health care. We hope you embrace it as you show your support for Canada's nurses this year."*

We encourage you to celebrate the nurses around you, get inspired for the future of nursing in Canada, and get involved in advocating for issues that are critical for nurses in Alberta. Join AAN to become part of a community of nurses, access personal benefits and discounts, and explore our professional development resources.

## Ideas to celebrate Nursing Week!

### NURSE

- Become a member of the Alberta Association of Nurses! Gain access to personal benefits, professional resources, and connect with community.
- Share photos and stories that highlight the diversity of your role, your team, and your work
- Take advantage of local deals offered during Nurses Week.
- Celebrate by decorating your nursing station.
- Be a part of the celebration on social media by sharing your story, pictures, and the hashtags.



### MANAGER OR TEAM LEADER

- Organize a breakfast or party for your nursing team.
- Make cards available for the nurses on your unit to send to their colleagues, highlighting what they appreciate most about the nurses on their team.
- Put together a care basket for your team or small personal gifts for each nurse.
- Set up a photo booth for nurses and post the pictures on your unit and hospital bulletin boards.
- Provide resources for stress management (host yoga or meditation, on-site massage chair, access to health apps, articles).

### COMMUNITY

- Send a thank you card to a nurse.
- Drop snacks and personal care items off at your local healthcare office or hospital.
- Raise awareness of Nursing Week by posting about it on social media.
- Get in touch with your political representatives to voice support for nurses.



Find information  
and download  
resources on [cna.ca](https://cna.ca)