

From: Michael Procinsky <michael.procinsky@calgaryunitedway.org>

Sent: Friday, May 10, 2024 8:55 AM

To: Al Hoggan <ahoggan@md.bonnyville.ab.ca>

Subject: Invitation to the MD of Bonnyville Reeve and Councillors

Importance: High

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Good morning, Al,

My name is Michael Procinsky, and I am the Northern Alberta Regional Community Developer with Healthy Aging Alberta. I was directed by Councillor Kayla Blanchette to forward this to you.

I would like to extend an invitation to those who can attend the Bonnyville Regional Gathering hosted by Healthy Aging Alberta. Healthy Aging Alberta is a rich network of Community Based Senior Serving organization and our goal is to make Alberta the best place in the world to grow older.

Born and raised in Iron River, I appreciate the work that has been done in the M.D. of Bonnyville. With this, I also understand the importance of rural representation and often the large urban centers take precedence or their ways of doing are applied to rural communities with little success. The Regional Gathering will highlight regional partners doing amazing work in our area and we hope it inspires more programs and supports for older adults, particularly in rural communities.

It is our hope this invitation finds its way to Reeve and Council for consideration to attend. Many of the Councillors, and Reeve, were leaders in my community while growing up in Iron River, and I am proud those individuals are still in leadership today!

Attached is the formal invitation, and for convenience, here is a link to register → [North Central Regional Gathering - Bonnyville Tickets, Mon, May 27, 2024 at 10:00 AM | Eventbrite](#). The event is free with lunch provided; we hope the MD of Bonnyville will be able to attend. It will be great to have you folks there along with the Town of Bonnyville Mayor and Council.

Kindest regards,

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Michael Procinsky, BSW RSW (he/him)

Northern Regional Community Developer, **Healthy Aging Alberta**

Making Alberta one of the best places in the world to grow older

Email: michael.procinsky@healthyagingalberta.ca | michael.procinsky@calgaryunitedway.org

Web: [Healthy Aging Alberta](#) | **Phone:** Available upon Request

In the spirit of our journey to promote reconciliation, we honour the truth of our shared history and acknowledge the traditional territories of the people of the Treaty 6, 8, 10 Regions of Northern Alberta and the Métis people of Alberta. We also recognize the Inuit people who have made their home here.





A network of
community allies
for older adults.

You are invited – Northeast Central Regional Gathering, Healthy Aging Alberta

To the Honourable Reeve and Council,

Healthy Aging Alberta is a rich network of community-based senior serving organizations and allies across our province united by a shared vision: *to make Alberta one of the best places in the world to grow older.*

Healthy Aging Alberta was established to connect community-based senior-serving (CBSS) organizations with larger systems such as health, housing, and the disabilities sectors. Through the work of Healthy Aging Alberta, organizations in the CBSS sector will be more connected with each other, more cohesive in their joint messaging, and more effective in getting the value and the needs of the sector better understood within government and among members of the public.

Organizations serving older adults are critical in helping Albertans age at home in the community. Yet, limited coordination and the absence of infrastructure prevents organizations from collaborating as a formal sector with other systems and from having a strong, unified voice at tables where decisions are being made about how to best support older Albertans. Coordinating efforts is critical in meeting the needs of the growing demographic of older Albertans and enabling every older adult to age the way they want.

Healthy Aging Alberta seeks to enhance the lives of older Albertans by uniting the organizations that serve them. This work is being done *for the community, by the community*. Together we will empower, support, and inspire older adults to age on their terms while improving health and social outcomes. We need to come together as a coordinated, well-supported sector ready to fulfill our role in the seniors' continuum of care.

On behalf of Healthy Aging Alberta, I would like to formally invite the M.D of Bonnyville Honourable Reeve and Council to attend the Regional Gathering on **Monday, May 27, 2024**, at the **Bonnyville Seniors Drop In Centre**. One of 12, the Bonnyville Regional Gathering is an integral part of our work to celebrate, highlight, and explore CBSS organizations in our communities such as Smoky Lake, Cold Lake, St. Paul, Lac La Biche, Lloydminster, Vermillion, and many other regional partners from across the Lakeland.

The day will commence at 10:00am and run until 4:00pm the same day. Our hope is to have elected officials join the day as active participants in learning and leadership, and to see first-hand the incredible work of CBSS organizations. The afternoon will host three conversation cafés where our funded partners will highlight community and home support projects, Men's Sheds, and Connecting People & Community for Living Well Wellbeing Guide.

I look forward to your RSVP and you can do so via [Eventbrite](#). A perogy lunch will be provided along with coffee and snacks to take you through the day.

With kindness,

Michael Procinsky

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