

**From:** Michael Procinsky <[michael.procinsky@calgaryunitedway.org](mailto:michael.procinsky@calgaryunitedway.org)>  
**Sent:** March 25, 2025 11:46 AM  
**Cc:** Michael Procinsky <[michael.procinsky@healthyagingalberta.ca](mailto:michael.procinsky@healthyagingalberta.ca)>  
**Subject:** You're Invited! Regional Gathering 2025 - St. Paul

Good morning!

I am excited to share that the Regional Gathering 2025 Season has opened, and you are invited to join me in Westlock on May 7<sup>th</sup> or in St. Paul on May 15<sup>th</sup>!

**Regional Gatherings** are an opportunity for community-based seniors-serving organizations to come together and share resources, network, and understand the regional opportunities for older adults.

We are still working on content, but you can expect:

- **HAA Update** to community
- HAA Asset-based community development **workshop**
- New **models** by HAA
- Exploring **EDI**
- **Conversation Cafes**
- **Community feedback**
- **Networking**
- **Great food!**

Registration is free and open to all those who are interested in the senior sector, whether you are a service provider, grassroots volunteer, or an older adult, there is a space for you!

**Please feel free to share with your network!**

**Registration Link:**

- [Edmonton Area and Northern Alberta Regional Gathering - Westlock Tickets, Wed, 7 May 2025 at 9:30 AM | Eventbrite](#)
- [Northern Alberta Regional Gathering - St. Paul Tickets, Thu, 15 May 2025 at 9:30 AM | Eventbrite](#)

**Subsidy:**

- [2025 Regional Gatherings Travel Subsidy | 1/6](#)

Please reach out if you have questions!

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**Michael Procinsky, BSW RSW** (he/him)  
**Northern Regional Community Developer, Healthy Aging Alberta**  
***Making Alberta one of the best places in the world to grow older***  
**Email:** [michael.procinsky@healthyagingalberta.ca](mailto:michael.procinsky@healthyagingalberta.ca) | [michael.procinsky@calgaryunitedway.org](mailto:michael.procinsky@calgaryunitedway.org)  
**Web:** [Healthy Aging Alberta](#) | **Phone:** *Available upon Request*

*I acknowledge that I live, work, and play on Treaty 6 Territory, the [ancestral](#) lands of the Cree, Dene, and unceded Metis territory. I commit myself to reconciliation efforts and enhance my understanding of my role within the Treaty as a settler. Through the wisdom and knowledge of Healers, Elders, and Knowledge Keepers I work towards a better future for all Treaty People.*



2025 Edmonton Area & North  
Regional Gathering

# Westlock



Join other Community-Based Seniors Serving professionals  
in your area for a day of learning and connection.



**Wednesday, May 7**

**9:30 am – 4:00 pm**

**Westlock Memorial Hall**

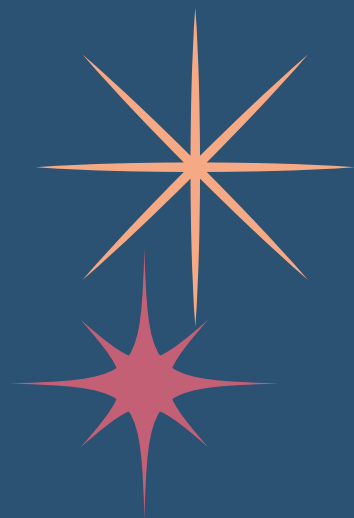
**(9903 106 St, Westlock, AB T7P 2P4)**

 **REGISTER HERE** 

Travel subsidies are available for individuals who are  
travelling more than 100 km.  
More information is available here.



A network of  
community allies  
for older adults.



For more information on this gathering please reach out to Michael at  
[michael.procinsky@healthyagingalberta.ca](mailto:michael.procinsky@healthyagingalberta.ca)

2025 North Regional Gathering

# St. Paul



Join other Community-Based Seniors Serving professionals  
in your area for a day of learning and connection.

**Thursday, May 15**

**9:30 am – 4:00 pm**

**St. Paul Senior Citizen's Centre**

(4809 47 St, St. Paul, AB T0A 3A3)

**REGISTER HERE**

Travel subsidies are available for individuals who are  
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