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June 17, 2025

Reeve Barry Kalinsky
4905 50 Ave
Bonnyville, AB
T9N 2J7

Dear Mr. Reeve Kalinsky,

The Lakeland Centre for Fetal Alcohol Spectrum Disorder (LCFASD) is proud to be celebrating our 25th anniversary in 2025. Since opening our doors in 2000, we have grown from a grassroots community committee into a nationally recognized, non-profit agency, now employing over 50 staff across the Lakeland region. Our main office is located in Cold Lake, with satellite offices in Bonnyville, St. Paul, and Lac La Biche.

Over the past 25 years, our programs and services have expanded significantly to meet the evolving needs of individuals, families, and communities affected by FASD. Our current services include:

1. FASD Diagnosis and assessment services for children and adults
2. Intervention
 - Post Diagnostic outreach supports for children and adults
 - Transition planning for youth to adult supports
 - Employment programming for adults
 - Court Support
 - Counselling services
 - Caregiver Support Groups
 - Summer Camp for kids
3. Prevention
 - Mothers to be Mentorship: Intensive outreach support for women at risk of having a child with FASD
 - 2nd Floor Women's Recovery Centre –long term live-in treatment
4. Training/Education
 - Prevention Conversation training for health and social service providers
 - Basic and Advanced FASD training upon request
 - Support and training to all FASD Diagnostic clinics in Alberta

We owe our accomplishments to the continued support of our community partners, supporters and donors. From all of us at LCFASD thank you for your encouragement and support. Please find attached the 2024-2025 Annual Report for your review.

We would love to present our work to your council in the next year, if possible.

Sincerely,


Lisa Murphy
Executive Director

25
Years

Lakeland Centre for

FASD

Fetal Alcohol Spectrum Disorder

CELEBRATING 25 YEARS OF EXCELLENCE

ANNUAL REPORT



2024-
2025

HELP: It's What We Do

www.lcfasd.com



Report Overview

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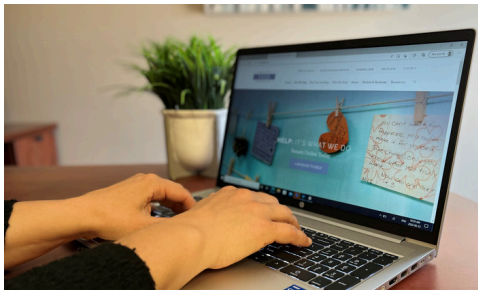


Our Vision and Mission



VISION

We envision a region with no new FASD births and where currently affected individuals are well supported.



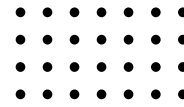
MISSION

To establish and ensure that accurate information about FASD, and effective prevention, diagnostics and support services are available in the Lakeland Service area.

Operating Principles

- Committed to maintaining the trust of partners and stakeholders by being accountable and transparent.
- Dedicated to creating an atmosphere in which all stakeholders feel valued, respected and engaged in our efforts.
- Committed to treating individuals with FASD, their parents and families with respect and dignity.
- Committed to client and family safety as it is an integral part of our organization and work.
- Promoting the use of FASD best practices and accurate information with community service providers.
- Dedicated to planning services based on identified needs, and by promoting best practices as they emerge in the field.
- Committed to achieving collective impact and quality service through collaboration with our community partners.
- Providing evidence based practice and when evidence is not available, will work with researchers to develop this evidence.
- Providing leadership in the field of FASD by sharing our experiences, developing evidence based practices and continually working to improve our services.
- Dedicated to our employees and their well-being.

Strategic Plan Goals



#1

Ensure Diagnostic services for children, youth and adults are available in the Lakeland Service area.

#2

Women will be informed about alcohol and pregnancy risks and have support programs available that meet their needs.

#4

Children, youth and adults diagnosed with FASD will have effective support services.

#6

LCFASD will have strong and healthy relationships with our communities, stakeholders, partners, and funders.

#3

Community members, stakeholders, and partners will be knowledgeable about FASD and relevant issues.

#5

The LCFASD team will be well supported by strong leadership.

#7

LCFASD will demonstrate leadership on a local, provincial and national level.



Land Acknowledgement



Treaty 6 Territory

We acknowledge the Lakeland Centre for FASD is located on Treaty 6 territory- the traditional and ancestral territory of the Cree, Dene, Blackfoot, Saulteaux and Nakota Sioux. We acknowledge that this territory is home to the Métis Settlements and the Métis Nation of Alberta, Districts 12 & 19 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis and Inuit who have lived in and cared for these lands for generations and whose footsteps have marked these lands for centuries.

In the Lakeland service area, there were two residential schools - the Lac La Biche Residential School/Notre Dame des Victoires which was later relocated to St Paul and named Blue Quills Residential. The high school and its residence closed in 1990. As many as 200 children enrolled annually at Blue Quills during its operation. We would also like to acknowledge the many survivors and their families in this area and those children who did not make it home. The Lakeland Centre for FASD has and continues to commit to aligning our values and actions with those guided by the TRC Call to action and United Nations Declaration on the Rights of Indigenous People. We commit to working in collaboration with Indigenous people to deliver culturally appropriate prevention, diagnosis, and intervention support to individuals and families with FASD . We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.

About Us



Lisa Murphy
Executive Director



Paula Dewan
Prevention Program
Manager



Candice Sutterfield
Mothers to Be
Supervisor



Stacy Mercier
FASD Outreach
Supervisor



Sandy Boyd
2nd Floor Women's
Recovery
Supervisor



Kendra Toporowski
Diagnostic Services
Manager

5

Administration

2

Diagnostics

12

Intervention

8

Mentorship



4

Camp



1

Counselling



3

Contractors

20

2nd Floor

2

Rajani Clinic



Board Members

Chair

Shelley Krook

Vice Chair

Victoria Sparklingeyes

Treasurer

Jennifer Leblanc

Secretary

Helene Serbu

Directors

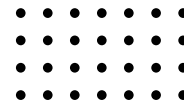
Joey Daniels

Michelle Dargis

Stephanie Oleksyn

John Orr

A Message From Our Executive Director



Dear Friends and Supporters,

As we enter our 25th year of service at the Lakeland Centre for FASD, I am filled with deep gratitude and pride for what we have accomplished together. The past year has been both challenging and inspiring. It has tested our resilience and affirmed our purpose. I am proud to say that we have made meaningful progress on our 2023–2026 Strategic Plan and have met key goals across all priority areas.

Our mission has always guided us: To establish and ensure that accurate information about FASD, and effective prevention, diagnostics, and support services are available in the region. This commitment is the foundation of every program, partnership, and initiative we undertake.

This year, we had to make the difficult decision to close our Transitional Housing Program after nearly 10 years, due to non-renewed funding. Despite this, our team responded with creativity and commitment—developing and launching a new Court Support Program, which has already received over 30 referrals in its first five months. This initiative fills a critical service gap and reflects our ability to adapt and respond to emerging community needs.

Our outreach and diagnostic services remain strong, and the transition of youth to adult supports continues to be a highlight—each plan tailored to the individual. We also hosted another successful camp season, offering six weeklong, overnight camps for children and youth ages 7–17, designed to be age- and gender-specific. These camps continue to be a cherished experience for participants, providing structure, fun, connection, and skill-building in a supportive environment.

We advanced our commitment to families through the expansion of our FASD Outreach Program, which continues to provide individualized, post-diagnostic support to individuals with FASD, and their families. As part of this effort, we launched a Caregiver Support Group across the Lakeland. This group has been well attended and offers a vital space for connection, shared learning, and emotional support for those caring for individuals with FASD. It is a natural extension of our outreach model and helps ensure families feel informed, equipped, and less alone in their journey.

Our Mothers-to-Be Mentorship Program supported 114 women this year, helping them build healthier lifestyles during pregnancy. In addition, we hosted Empowering Communities sessions throughout the region—engaging participants in conversations about wellness, identity, parenting, and support. These efforts reinforce our commitment to prevention and community-driven care.



At the 2nd Floor Women's Recovery Centre, we welcomed a Cultural Liaison who has enriched the program through culturally rooted healing practices. Additionally, we brought on a new physician to our adult diagnostic team who also supports women attending the 2nd Floor, increasing both access and continuity of care.

Public awareness and professional education remain at the forefront of our work. The Prevention Conversation and other training initiatives reached thousands this year. We also hosted our biennial FASD Conference, published a research paper in a peer-reviewed journal, and developed the Waitlist Toolkit to support diagnostic clinics province-wide.

We are now in the final year of our WRaP 2.0 program and are proud of the strong relationships we've built with all school divisions in the region, offering elbow-to-elbow support to educators and enhancing their capacity to support students with FASD.

This year, our efforts received tremendous recognition, including:

- Accreditation Canada – Primer Award (Spring 2024)
- 2024 Canadian Employer of Choice Award
- 2024 Business Resiliency Award – Outstanding Not-for-Profit (Bonnyville Chamber of Commerce)

These achievements are a testament to the professionalism and compassion of our team. As outlined in our Strategic Plan, we are committed to delivering effective diagnostics, supporting women through prevention-focused recovery, educating our community, and demonstrating leadership across Alberta and beyond.

While we are proud of our progress, we continue to face systemic challenges that impact service delivery in rural Alberta—including the lack of specialized services, limited transportation options, insufficient affordable housing, and even unreliable cellular and Wi-Fi connections in some communities. These barriers require ongoing advocacy, innovation, and collaboration.

Looking ahead, we are focused on strengthening partnerships, enhancing housing and recovery options, and advocating for evaluation frameworks that reflect the complexity of our clients' lives.

As we prepare to celebrate 25 years of service this fall, I want to thank each of you—staff, board, funders, partners, and community—for your ongoing support. Your belief in this work continues to make all the difference.

With appreciation,



Executive Director
Lakeland Centre for FASD



Our Programs and Services

As we enter a new year, LCFASD remains at the forefront of delivering comprehensive FASD support services across the Lakeland region. Our commitment continues to grow as we offer a holistic spectrum of Diagnostic, Intervention, and Prevention services. With a lifespan approach, we stand alongside individuals and families affected by FASD—providing consistent, compassionate support through every stage of life.



LCFASD served

537

unique individuals
and families.

The 2nd Floor Women's
Recovery Centre
served

27
women

Women served in the
Mother's to be
Mentorship Program

114



Diagnostics assessed

57
individuals



30

Individuals assisted
through Court
Support



109

Clients supported through the
Counselling Program

The Outreach
Program served

220

clients and families



Employment assisted

35

individuals

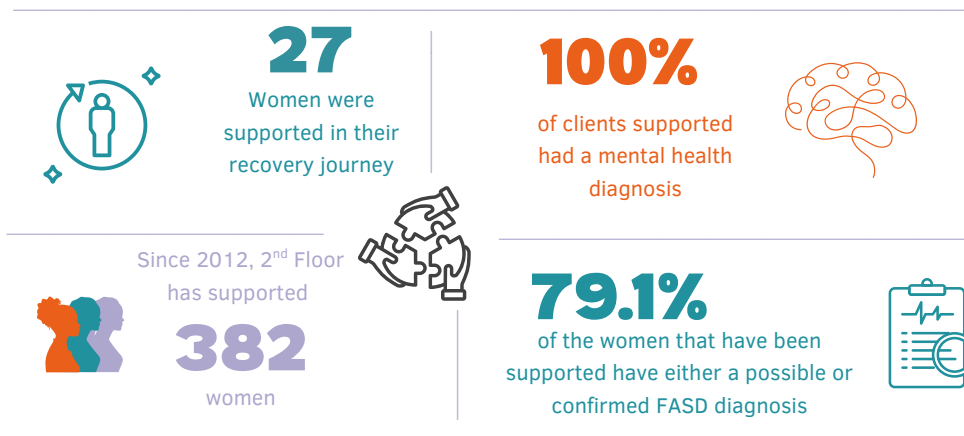


19

Individuals assisted
through Transition



2nd Floor Women's Recovery



“There are tough days just gotta keep busy and be positive about it. Tomorrow is a new day to do good and better” -Participant of 2nd Floor.

Highlights

- ✓ 2nd Floor led another successful year raising awareness for National Addictions Awareness Week (NAAW), partnering with various organizations across the Lakeland region. The 2024 theme, Forging Connections, emphasized collaboration to support education, resources, and treatment. We created **18 posters and distributed 133 copies** across communities in our region. A free community event featured the film *Beautiful Boy* and included information booths from FCSS, SSCS, EARVSS, LCFASD, and Mocktail Magic.
- ✓ We're excited to welcome **Dr. Kristina Rice**, who is now offering a monthly clinic on the 2nd floor for the women we support. This new service aims to reduce healthcare barriers and provide consistent, supportive care. We hope it empowers our clients to make informed, confident health decisions and improves their overall well-being.
- ✓ The 2nd Floor hosted two **8-week Cultural Liaison programs** this year to help women reconnect with their culture, often impacted by substance use. In response to the gap of culturally based services in the Lakeland area, we offered a nurturing space with practices like Smudge Ceremonies, Sharing Circles, Ribbon Skirt Making, the 7 Sacred Teachings, Rattle and Medicine Pouch Making, Smudge Box creation, Beading, Parfleche, and teachings on the 4 Sacred Medicines, 4 Dimensions of Health, and Grief and Loss.

Counselling

Throughout the year, the program has remained committed to delivering inclusive, culturally responsive services to a diverse clientele. Support has been provided through multiple avenues for self-expression, assisting clients in navigating the complex challenges they face. This includes the integration of traditional Indigenous practices—such as teachings, beading, and smudging—into sessions, fostering cultural connection and healing.

Art continues to serve as a foundational tool, promoting self-expression, building rapport, and creating a safe space for clients to share openly, even during vulnerable moments. Additionally, simple yet meaningful practices, such as offering tea during sessions, have been introduced to create a calming, secure, and welcoming environment that supports the development of healthy habits and emotional well-being.

Highlights



374

Individual
Counselling
Sessions

41

Clients that are engaging
and seeking services on a
regular basis



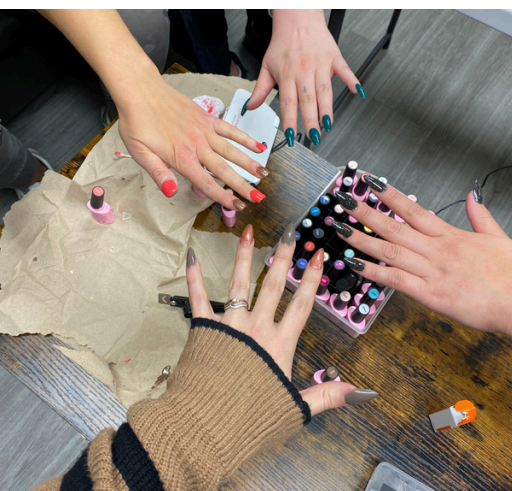
78

groups were held, including caregiver
support nights and women accessing the
2nd Floor Program



25

women were provided
services





Mothers-to-be Mentorship Program

“Before I started the program, I was really struggling. I was caught up in a cycle of drug use that was taking a toll on my life. I felt lost and hopeless, and it seemed like I couldn’t find a way out. But then I got onto this program, and it changed everything for me. Through their support and guidance, I was able to get clean and sober, which was the first step towards reclaiming my life.” - MTB Participant



“I felt lost and hopeless, and it seemed like I couldn’t find my way.”



“I now feel empowered, and ready to face the future.”

In October PCAP Mentors from across the province participated in Mentor Days to connect **PCAP programs**. This time was spent sharing successes and challenges, and participating in team-building activities.



63

REFERRALS



46

SIGNED
CONSENTS



The Prevention Conversation



The **Prevention Conversation** helps women, and their partners understand the risks of alcohol use during pregnancy, including before a pregnancy is known. Since 2013, the **Lakeland Centre for FASD** has worked to create safe, supportive spaces and trained professionals and general public to engage in these vital conversations.

Through innovative efforts, we have strengthened community awareness and fostered support for healthier futures in the Lakeland region. Our reach has expanded through a combination of virtual training sessions, increased social media engagement, and targeted outreach efforts—including radio advertisements aired on 96.7 Windspeaker FM.



Training

- FASD Foundations and Prevention Awareness
- Continued connections and engagement with First Nation and Métis communities in the Lakeland Region
- Engagement with professionals in Health/mental health, children's services, community and social services, justice, education, Indigenous relations, post-secondary education



Training Sessions

49



Participants

392



We are encouraged by the strong participation of area schools in the **WRaP 2.0 project** and by the growing connections these schools have built with the Lakeland Centre for FASD. Now in year five of our five-year partnership with Education, these relationships are laying a solid foundation for continued collaboration beyond the conclusion of the WRaP 2.0 program.

- Wrap 2.0 trained **65** school belonging to **14** unique school districts in FASD Foundations, Teaching Classroom Transition Strategies.

- Wrap 2.0 has received strong positive support from the schools and school divisions in our catchment area

65

of our **67** schools have been engaged

56

have received FASD training or coaching


"I really liked the reminders about how to be flexible and take different approaches for FASD students."

Conference

“Beyond the Spectrum” October 22-23, 2025

At Lakeland Centre for FASD, we see the person behind the diagnosis. Every individual has a unique story, not just a label or statistic. That’s why we use people-first language, trauma-informed care, and strengths-based approaches—to honour their dignity, individuality, and lived experience. To truly understand someone, we look **Beyond the Spectrum**.

In October 2024, we hosted our biennial Beyond the Spectrum Conference welcoming professionals, caregivers, researchers and individuals with living experiences to Edmonton for **two days of connection, learning and community building**.

Participants	Presenters	Keynote Speakers	Exhibitor Booths	Sponsors
190	37	3	12	3 

- ✓ **Comfort Room** provided quiet space for attendees to relax.
- ✓ **Sunflower Pins** were worn to signal hidden disabilities and promote inclusion.
- ✓ **FASD Ambassadors** helped attendees navigate the conference.
- ✓ **Red Shoes Rock Night** complete with appetizers and Mocktails by Mocktail Magic Bar Service
- ✓ **Sessions Included:**
 - FASD Programming & Best Practices
 - Wellness
 - Art & Pet Therapy
 - Lived Experiences



We are deeply grateful to our presenters, sponsors, volunteers and attendees who made the event a success.

Customized FASD Training

LCFASD offers tailored FASD training designed to meet the specific needs of your group or organization. Training sessions can focus on a wide range of topic areas such as FASD and the Justice System, FASD in the Workplace, Supporting Individuals with FASD in Educational Settings, and more. Content, format and length can be adapted to suit your audience and learning objectives.

Throughout the year, we provided training and awareness to over **6000 participants at 133 events**.



International FASD Awareness Month

September is **FASD Awareness Month!** On September 9th, we observed International **FASD Awareness Day**, promoting the importance of avoiding alcohol throughout pregnancy and raising awareness about Fetal Alcohol Spectrum Disorder (FASD).

This year, we brought back our popular mocktail challenge and hosted events across the region, combining education with fun.

Thank you to our teams, judges, and community members for your continued support in spreading **FASD awareness**.

FREE BBQ'S & Mocktails

Our Cold Lake 13th Annual Mocktail Contest Winners



1 The Dragon Fly Centre



2 Stepping Stones Crisis Society



3 New Dawn Metis Women Society

Our Bonnyville 2nd Annual Mocktail Contest Winners



1 Bonnyville and District FCSS and Lakeland Family Resource Network



2 WJS Canada

Our Lac La Biche 1st Annual Mocktail Contest Winners



1 The Dragon Fly Centre



2 LLB Community Learning

Our St. Paul 1st Annual Mocktail Contest Winners

1 Capella Centre



2 St. Paul and District Art Foundation

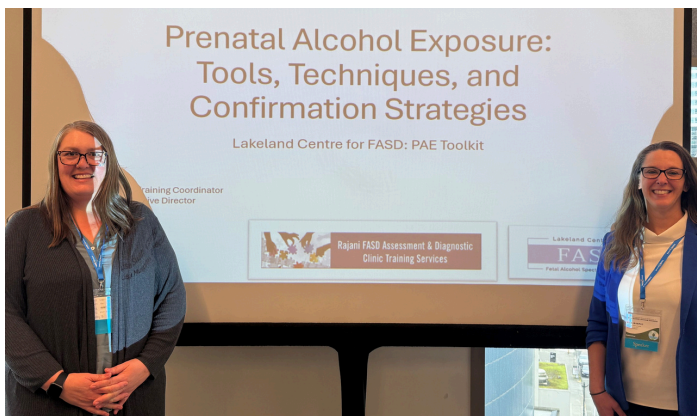


Rajani FASD Clinic Training

This year, the Rajani Clinic Training Services program achieved several significant milestones in strengthening FASD diagnostic capacity and knowledge-sharing across Alberta.

Highlights Include:

- ✓ The **Annual Alberta FASD Diagnostic and Assessment Team Seminar**, brought together clinic coordinators and clinicians from across the province for an evening of networking, followed by a full day of presentations tailored to the needs and requests of Alberta's diagnostic teams.
- ✓ The **Annual Clinic Coordinators Meeting**, held in Edmonton, offered another valuable opportunity for collaboration. Coordinators from clinics across the province engaged in a full day of information exchange, with insightful presentations and rich discussion that supported shared learning and strengthened inter-clinic connections.



- ✓ In addition, Rajani Clinic Training Services completed a key project in partnership with CanFASD: **"Prenatal Alcohol Confirmation: A Guide for FASD Diagnostic Clinics."** This important resource was presented at the Seattle FASD Conference, extending its impact to an international audience and reinforcing the organizations leadership in advancing best practices for FASD assessment.

Prenatal Alcohol Collection and Confirmation:

A Guide for FASD Diagnostic Clinics



Diagnostics Services

The diagnostic team remains dedicated to reducing barriers and increasing accessibility for all individuals. From its inception, the team has operated as a mobile clinic, continuously adapting to meet the needs of clients and their families. In response to ongoing feedback and evolving client needs, the diagnostic team continues to operate as a mobile hybrid clinic, offering both virtual and in-person assessments.

Based on valuable feedback from individuals attending the clinic, the diagnostic team introduced a revised assessment model. This transition included:

- ✓ A **single-day pediatric clinic** to streamline assessments and improve efficiency.
- ✓ A **two-day adult clinic**, where neuropsychological testing is conducted prior to the team meeting day.

Since implementing this model, the team has observed fewer missed appointments and improved the quality of information discussed during team meetings.



Adult Diagnostic
Assessments



Pediatric Diagnostic
Assessments



Dr. Rice joined the adult team as the family doctor. Her commitment and dedication have made her an invaluable asset to the team.



Karli Tenger joined the pediatric team as the education liaison. She has significantly contributed to the team's success, exceeding expectations in her role.



Outreach

- ✓ The FASD Outreach Program is an essential extension of our diagnostic services. Every individual who attends our multidisciplinary FASD Clinic is connected with our Outreach Team, ensuring access to post-diagnostic supports. These supports are tailored to each person's needs and may include advocacy, resource navigation, caregiver support, and connection to community-based services. This continuity of care helps individuals and families better understand the diagnosis and implement meaningful strategies in daily life.
- ✓ We have successfully built relationships with schools that were previously hesitant to engage with our support. Now, these schools proactively reach out for referrals, meetings, and updates, demonstrating increased trust and collaboration.
- ✓ Our monthly Caregiver Support Groups have provided a safe and supportive space for caregivers to share their challenges and successes. These sessions have fostered meaningful conversations, peer connections, and a sense of community among participants.
- ✓ We have built strong, collaborative relationships with community agencies, enhancing our ability to provide comprehensive support and resources that directly benefit our clients.

Active Clients

109
ADULTS



111
CHILDREN



Court Support

Launched in October 2024, **Court Support** is an innovative program and dedicated to supporting individuals involved in the criminal and family court systems, as well as those impacted by crime. Recognizing that the legal system can often feel complex and overwhelming, the program provides tailored, one-on-one assistance to help clients understand their rights, navigate court procedures, and access critical resources. By offering clear guidance and compassionate support, we aim to empower clients and reduce the stress and confusion that often accompany legal challenges.


30
Referrals

NAVIGATE COURT
AWARE ATTENTION
COMPLEX 1:1 TRAUMA
HELP SUPPORT ASSIST COMPASSION
DIFFICULT ACTION PLAN
Experience

"Thank you so much for being here with me, I would have had no idea what to do without you." – Participant

"This support is needed by so many individuals. It is great to see this program in the Lakeland area." - Lawyer

Empowered Through Support:

A Court Support Journey



An individual navigating the criminal justice system received court support services to assist with attending hearings and understanding legal obligations.

Facing involvement in both the criminal justice system and community supervision, the client was initially at risk of receiving a failure to appear due to challenges in attending court independently.

Through coordination with her legal counsel, information was provided to the court confirming that the client was engaged with support services and intended to appear. As a result, the judge granted an adjournment to the next docket date without issuing a failure to appear. The client successfully attended their next court appearance, where they received an 18-month Probation Order and was accepted into the Alternative Measures program.

To support compliance, the client was guided through their probation conditions using plain, accessible language. They were also accompanied to the probation intake appointment, where the first check-in was scheduled. Their Outreach Coordinator was fully briefed and continues to provide assistance with meeting probation requirements.

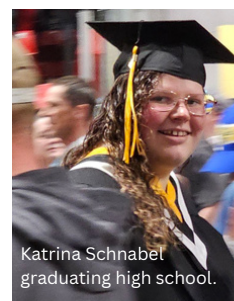
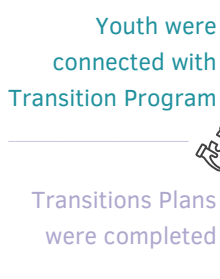
Over the past six months, the client has made notable strides in stability and engagement. They have completed the Alternative Measures portion of their sentencing and has 12 months remaining on the probation order. With continued support from the Outreach Coordinator—who maintains a collaborative relationship with the Probation Officer—the client has successfully attended appointments and remained in full compliance.

Importantly, the individual has had no further involvement with the criminal justice system. The individual is currently participating in a structured, 90-day live-in treatment program and remains actively committed to their personal recovery and long-term goals.

“This is the happiest I have ever been. I feel good, I look good. Thanks for always helping me.”

Transition

- ✓ Jenna's goal was to get her Learner's License and support from the Transition Coordinator's support and study resources, she successfully passed and was very thankful for the encouragement.
- ✓ Brook-Lynn began the program without knowing her goals, but through focused meetings, she identified key areas and made great progress. By the end, she had achieved several goals, was actively working on others and felt proud and confident about moving into adulthood.
- ✓ With support from the Transition Coordinator, Mataya identified her interest in childcare and was accepted into Lakeland College's Early Childhood Education program for Fall 2025. She shared that she "would be lost" without the Coordinator's guidance through career planning, applications, and family advocacy.



Employment

We believe employment is about more than income—it's about inclusion, confidence, and purpose. Many adults with FASD face unique challenges entering the workforce, which is why our Employment Program focuses on those with the most complex needs, often overlooked by traditional systems.



Over the 2024–2025 reporting period, the Employment Program delivered:

105 Group Sessions

219 Participants

35 Active participants in individualized employment support

13 New referrals since April

18 Participants secured paid employment

4 Participants placed in volunteer positions tailored to interests and abilities

- Expanded partnerships with local employers and employment agencies to support coordinated services
- Chamber of Commerce presentations, luncheons, and hosted gatherings to raise awareness about FASD in the workplace
- Staff participation in Leading and Effective Employer Engagement Training, offered through Alberta Supports

We're committed to breaking down barriers, reducing stigma, and creating inclusive employment opportunities for those who need it most.



Summer Camp



This summer's camp team included two returning leaders and two new faces, bringing a great mix of experience and fresh energy.



Ours summer camp recieved 61 applications



A memorable quote from last year came from a camper who confidently declared that we'd be out of a job—because he was going to start his own camp:

"My camp is going to be 60 stories high and would be a big game of hide and seek. The camp would be run by the campers and my team of robots!"

Our campers dream big—and we love to see it!



Highlights

- ✓ Campers enjoyed exciting field trips to the Humane Society and the Bonnyville Museum, where they had the chance to learn, explore, and connect with their community.
- ✓ Activities led by volunteers including baking cookies and relaxing yoga sessions, were always a highlight and brought lots of smiles.
- ✓ Anything involving water was a huge hit! From splashing at the pool and park to enjoying our beautiful lake, campers soaked up every moment.
- ✓ On the final day, friendships were sealed with the exchange of phone numbers and Xbox usernames.
- ✓ Through it all, campers built meaningful relationships and strengthened the social skills needed to carry those connections beyond camp.



Mocktail Magic Bar Service

The 2024/2025 year was an exciting and eventful one for **Mocktail Magic Bar Service**, Lakeland Centre for FASD's signature social enterprise. Offering delicious, alcohol-free beverages at community celebrations, fundraisers, and special events, Mocktail Magic delivers more than refreshments—it delivers a message of **prevention, education, and awareness** about the risks of prenatal alcohol exposure.

Staff and volunteers bring energy and creativity to every event, often dressing to match the theme and helping to create a fun, inclusive atmosphere. This year, Mocktail Magic was proud to serve at **over 33 events across the region**, promoting safe, welcoming spaces where everyone can enjoy the celebration—without alcohol.

By combining advocacy with community engagement, Mocktail Magic continues to make a meaningful impact—one mocktail at a time.



Audrey McFarlane Award



Each year, LCFASD proudly celebrates the achievements within the FASD community and the meaningful efforts that contribute to improving the lives of individuals, families, and communities affected by Fetal Alcohol Spectrum Disorder.

To honor these accomplishments, the **Audrey McFarlane Award** was established. This award recognizes outstanding contributions in two distinct categories:

- ✓ Individuals with FASD who have overcome an obstacle to achieve a goal in their life.
- ✓ Families and/or caregivers who have gone above and beyond to support individuals with FASD.

These awards not only highlight resilience and commitment but also serve as a powerful reminder of the strength found within the FASD community.



Congratulations!

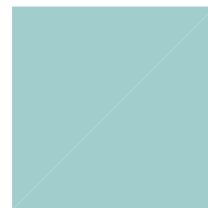
The winner of the 5th Annual Audrey McFarlane award went to:

Rainbow Watchmaker





Celebrating Service Milestones



At the heart of the Lakeland Centre for FASD is a team of dedicated, compassionate individuals who bring our mission to life every day. We are proud to recognize team members who reached service milestones. Each year of dedication reflects their commitment to supporting individuals, families and communities.



Thank-you for being an essential part of the Lakeland Centre for FASD.

10 Years of Service: Jaylene Haggerty (Missing)

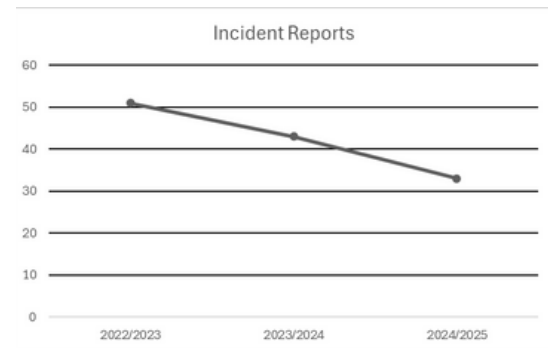
5 Years of Service: Michele Huszar, Amy Park, Pateresa Romuld, Amanda Roth

1 Year of Service: Aimie Kathan, Braden Campeau, Caitlan White, Fayona Smith (Missing), Katie Konechny, Kim Withers, Madison Gagnier, Trench Murray, Tory Grégoire, Kristy Hawes (missing), Clarissa Favel (missing)

Incident Reporting



At Lakeland Centre for FASD, reporting incidents is a vital part of our commitment to transparency, safety, and continuous improvement. As a not-for-profit, we ensure that any concerns affecting clients, staff, or services are documented and addressed promptly. This process helps us protect vulnerable individuals, maintain accountability, and uphold the high standards of care and support that our community relies on.



Satisfaction Survey

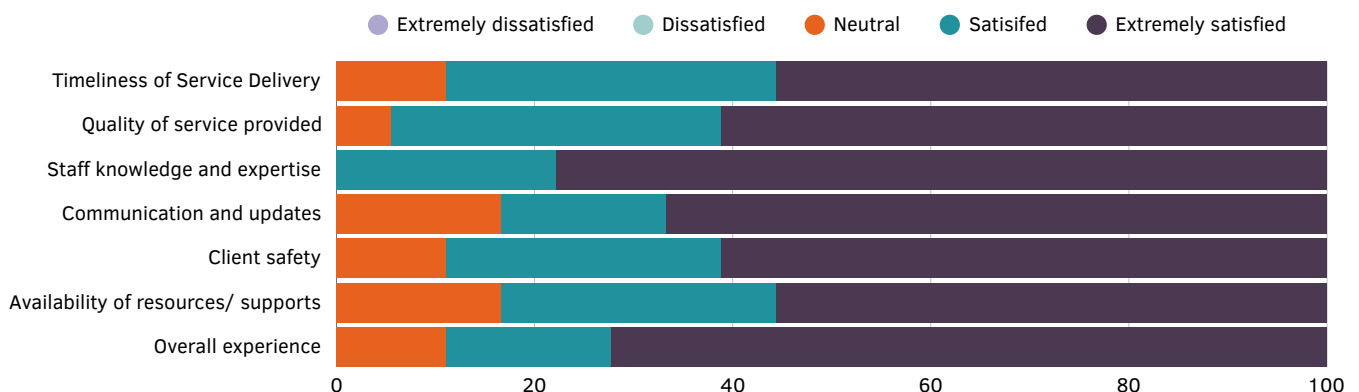
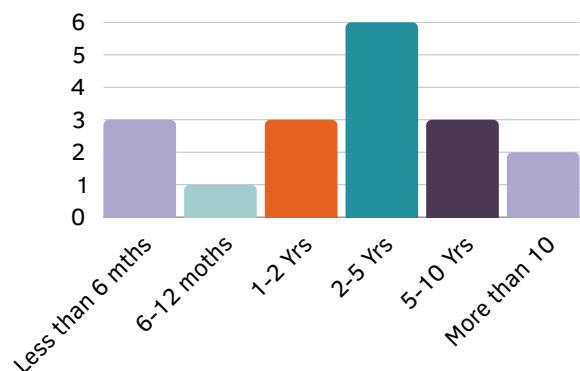
WE ASKED YOU

Client and stakeholder feedback is essential to ensure quality and effectiveness of our programs and services. This year we conducted a satisfaction survey to gather insights from those we serve. Survey results help us celebrate what's working and identify opportunities for growth, guiding our commitment to continuous improvements and person-centred care.

88.9%

of participants reported that the programs supported them in achieving their goals

Length of time participants have used our services



Financial



REVENUES

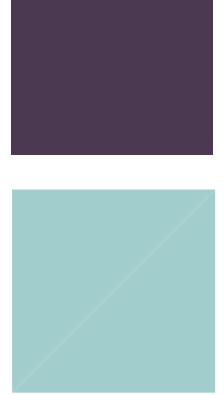
	March 31, 2025	March 31,2024
Government Contracts & Grants	\$ 3,999,072.00	\$3,770,412.00
Other Contracts	\$ 228,875.00	\$182,514.00
Donations	\$ 107,908.00	\$ 43,476.70
<hr/>		
Grand Total	\$ 4,335,855.00	\$ 3,996,402.70

EXPENSES

	March 31, 2025	March 31, 2024
Operating Costs	\$ 1,341,674.00	\$1,217,793.00
Wages & Benefits	\$ 3,026,286.00	\$2,854,642.00
<hr/>		
Grand Total	\$ 4,367,960.00	\$ 4,072,435.00

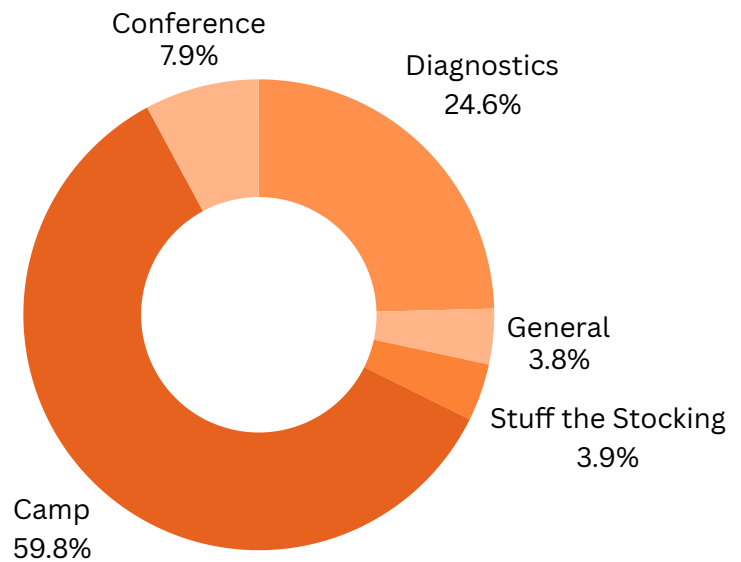


Donations and Sponsorships



THANK-YOU

Thanks to our donors, we have been able to grow and sustain our programs, ensuring that we continue to serve those who rely on us most.



HELP: It's What We Do



Cold Lake- 4823 50th Street

Bonnyville 4313 50th Avenue- Unit 257

St. Paul- 4707 50th Avenue

Lac La Biche- 10117- 102 Avenue

FOR MORE INFORMATION



780-594-9905



www.lcfasd.com



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